

CAMP DIRECTOR

Sam Benitez is the Head Boys Basketball Coach at Cy-Springs High School. Coach Benitez has 15 years of coaching experience at the high school level including the last 5 seasons at Cypress Springs. This past season the Panthers won 25 games, finished as 17-6A district runner-up, and advanced to the 2nd round of the 2018 state playoffs. The Panthers have earned playoff berths in back to back seasons. Prior to coaching the Panthers, Coach Benitez served as an assistant basketball coach at Milby High School and North Shore Senior High School in the Greater Houston Area. He has also assisted and coached at several major university basketball camps such as: Rice University, Baylor University, Texas A&M and at the high profile Five-Star Basketball Camp.

CAMP STAFF

The camp instructional staff consists of the Cy-Springs Boys Basketball Coaching Staff and former players of the program that are currently playing at the collegiate level.

FACILITIES

The camp will take place at Cypress Springs High School. There will be 2 gym floors and 12 baskets available for instruction.

MISSION

This camp is designed to help players of young ages develop and improve individual basketball skills. Campers will receive instruction on offensive and defensive techniques from all positions. Campers will work on skills and implement those skills into daily game play.

TYPICAL CAMP DAY

1:00 – 1:05	Roll Call
1:05 - 1:10	Motivational Talk
1:10 – 2:00	Station Drills
2:00 – 2:30	Competitions
2:30 – 3:45	Games/ Lunch Break
3:45 – 4:30	Station Drills
4:30 – 5:00	Competitions
5:00 – 5:45	Games/ Snack Break
5:45- 6pm	End of Day Activities
6pm	Dismissal

CAMP ACTIVITIES

- Shooting
- Ball Handling
- Rebounding
- 1 on 1
- Passing
- Defense
- Offense
- 2 on 2
- Contests



Cy-Springs Boys Basketball Camp

June 11-14, 2018

1pm-6pm

@ Cypress Springs HS

Entering
Grades
5th - 9th



CAMP ATTIRE & EQUIPMENT

Each camper should wear a t-shirt, shorts, socks and tennis shoes. Basketballs will be provided during camp.

ALL CAMPERS WILL RECEIVE

Professional Basketball Instruction
Camp T-shirt
Certification of Participation

FOR MORE CAMP INFORMATION

Call or Email:

Coach Sam Benitez
281-345-3093 or 832-221-7529
samuel.benitez@cfisd.net

Cy-Springs High School
7909 Fry Road
Cypress, Texas 77433



CAMP COST

\$60 for 4 days of camp

Monday, June 11 - Thursday, June 14

1:00 pm - 6:00 pm each day

Camp will be held at **Cypress Springs**.

REGISTRATION

Pre-register your child before May 30th to receive a \$10 discount.

Pre-registration will enable us to get the proper shirt size for each camper before camp begins.

Registration can be done at regular price on the first day of camp.

Ask about our multi-camper discount!

Total cost of \$60 may be paid in person or by mail. Methods of payment include cash or money order. CHECKS will not be accepted.

Mailing Address:

Cy-Springs High School
c/o Sam Benitez
7909 Fry Road

Snacks & Drinks will be available for purchase at our camp concession stand.

CONTACT INFORMATION

Name: _____

Address: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Age: _____ Current Grade: _____

Campus: _____

T-Shirt Size: _____

Sizes Available:

Youth S, M, L or Adult S, M, L, XL, XXL

APPENDIX 19

CYPRESS-FAIRBANKS ISD

PARENT or GUARDIAN

ATHLETIC PARTICIPATION CONSENT FORM

Please read and sign

I hereby give my consent for the above named student to participate in school athletic practices, competitions, and camps. I understand it is my responsibility to provide health insurance coverage for this student. I further understand CFISD is not liable for any injuries resulting from participation in school athletics. If in the judgment of any representative of the school, this student needs immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize and consent to such care and treatment as may be given to said student by any physician, trainer, nurse, hospital or school representative.

Parent or Guardian: _____

Signature: _____

Date: _____

Emergency Contact: _____

Relationship to Athlete: _____

Emergency Phone Number: _____